



ALPHA GAMMA DELTA

surrounded by sisterhood

Memo

To: Chapter Presidents, Chapter Advisors
From: Stephannie Sack Bailey, Executive Director
CC: Volunteer Service Team
Re: Important Notice About the H1N1 Virus
Date: August 20, 2009

Welcome back to campus! Alpha Gamma Delta Fraternity hopes you are enjoying your time back at school, visiting with friends and meeting new people. As Formal Recruitment and classes begin, chapter members can easily become ill from a variety of viruses. This year, however, is of greater concern because of the novel H1N1 (otherwise known as the “swine flu”) virus. In fact, a few of our Alpha Gamma Delta sisters have already been infected with a mild case of this virus. As you are interacting with sisters and other students on campus, please keep the following in mind:

- Be aware of your university or college’s policy on infection control and/or pandemic influenza.
- During recruitment, use common sense. Sisters who are experiencing flu-like symptoms should be excused from activities. The novel H1N1 virus and other contagious viruses can easily be passed through shaking hands, touching door knobs, etc. To be excused from events, members need to have a signed doctor’s note.
- If your chapter experiences a confirmed case of the novel H1N1 virus or suspect an outbreak, seek medical attention immediately and inform your Chapter Advisor and/or Province Director of the situation. Official health personnel can assist with housing decisions.
- If members of your chapter are infected with the H1N1 virus, **it is important that you do not speak with the media.** [View the Internet and Media Policy for more information about this.](#)

To protect your health, the Centers for Disease Control and Prevention (CDC), recommends the following:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hand cleaners are also effective.
- Avoid touching your eyes, nose or mouth. Germs spread this way.
- Try to avoid close contact with sick people.

- If you are sick with flu-like illness, the CDC recommends that you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities. (Your fever should be gone without the use of a fever-reducing medicine.) Keep away from others as much as possible to keep from making others sick.

For further guidance on the novel H1N1 virus, refer to the following websites:

<http://www.cdc.gov/h1n1flu/qa.htm>

www.pandemicflu.gov

Contact Mary Farrell, Director of Chapter Services, at mfarrell@alphagammadelta.org or (317) 872-2655 for questions regarding this announcement. Best wishes to your chapter for a healthy and successful school year!