

# Defeat Diabetes One Step at a Time

## Philanthropy Walk

Building on the momentum established at the inaugural Defeat Diabetes One Step at a Time Philanthropy Walk in 2008, Convention 2010 will once again find Alpha Gams marching together with purpose as we take steps toward a healthier future for the Fraternity, our sisters and our families and friends.

The 2008 Convention Philanthropy Walk succeeded in raising more than \$23,000 and bringing 336 sisters together in action to defeat diabetes. We know that with your help, the second annual Convention Philanthropy Walk can make an even bigger impact.

The 2010 Convention Philanthropy Walk will find Alpha Gams enjoying stunning vistas of the local scenery as we “navigate with purpose” together along Tampa’s Bayshore Boulevard, which skirts Tampa Bay and boasts the world’s longest continuous sidewalk. The walk, which will take place Saturday morning, will give Convention attendees a welcome dose of sunshine, physical activity and sisterhood before the next official Convention event begins at 10:30 a.m. Ample time will be available following the walk for sisters to shower and prepare for the day.

The \$30 walk registration fee includes a T-shirt and refreshments at the walk for each participant. Proceeds from the walk will benefit the Alpha Gamma Delta Foundation, which will in turn make a donation to the Tampa Chapter of the American Diabetes Association and other diabetes-related organizations. Walk registration information can be found on the Convention registration form, which accompanies these materials.

Sisters are also encouraged to seek support from friends, family members and fellow Alpha Gams in their fund raising efforts. To further prove our commitment to healthy living, fund raising leaders from various groups of Convention attendees—collegians, volunteers, alumnae officers, etc.—will receive prizes and recognition following the walk. Resources for fund raising will be distributed to all sisters who register for the Convention walk.

Convention attendees who are physically unable to participate in the walk but would like to contribute to the effort are encouraged to contact Deanna Bogie Conaty at [dconaty@alphagammatdelta.org](mailto:dconaty@alphagammatdelta.org) or 317-872-2655.

Don’t miss this opportunity to join with your sisters to defeat diabetes and make a truly valuable impact on our Fraternity and the community—[register today for the Defeat Diabetes One Step at a Time Philanthropy Walk in section D of the Registration Form!](#)